

OTTER TRAIL GUIDE

TIDES SEPT 2020

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0646	1810	0338	1559	0940	2154
2	0645	1810	0410	1629	1006	2222
3	0644	1811	0439	1657	1031	2249
4	0642	1812	0506	1723	1056	2316
5	0641	1812	0531	1749	1120	2344
6	0639	1813	0556	1815	1144	---
7	0637	1814	0622	1842	0013	1210
8	0636	1814	0650	1912	0044	1237
9	0634	1815	0723	1951	0119	1310
10	0633	1816	0809	2052	0204	1359
11	0632	1816	0930	2246	0312	1539
12	0630	1817	1229	---	0551	1848
13	0629	1818	0046	1331	0715	1940
14	0627	1818	0144	1414	0759	2021
15	0626	1819	0230	1453	0838	2059
16	0625	1820	0312	1532	0913	2137
17	0623	1820	0352	1610	0949	2215
18	0622	1821	0432	1649	1024	2253
19	0620	1822	0510	1727	1059	2331
20	0619	1822	0548	1805	1135	---
21	0617	1823	0626	1843	0009	1212
22	0616	1824	0705	1924	0049	1252
23	0615	1825	0750	2013	0131	1339
24	0613	1825	0854	2131	0224	1450
25	0612	1826	1138	---	0424	1809
26	0611	1827	0009	1305	0651	1921
27	0609	1827	0123	1353	0743	2003
28	0608	1828	0209	1430	0819	2035
29	0607	1829	0245	1502	0848	2103
30	0606	1830	0316	1532	0913	2129

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

